

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>AR - Activity Room</p> <p>CR – Club Room</p> <p>L – Lobby</p> <p>T – Terraces</p> <p>Z – Zoom Link</p> <p>K- Klassics Resturant</p>		<p>Life Enrichment Team:</p> <p>Mubarik Ibrahim</p> <p>Aesch Lengstorf</p> <p>Kay Metcalf</p> <p>Erin O'Brien</p> <p>*all activities are subject to change</p>		<p>9:00 AM - AR</p> <p>Yoga w/ Ronna</p> <p>9:00 AM - Z</p> <p>Refresh/Reset w/ Amanda</p> <p>11:00 AM - AR</p> <p>History w/ Ethan: "Peace Activism in WWI pt. 1"</p> <p>2:00 PM - T</p> <p>Bridge Club</p> <p>3:30/7:00 PM - AR</p> <p>Foreign Film: Juju Stories</p> <p>4:00 PM - T</p> <p>Resident Happy Hour</p>	<p>1:00 PM - L</p> <p>Nordic Walking w/ Kay</p> <p>3:30/7:00 PM - AR</p> <p>Box Office: No Hard Feelings (2023)</p>
<p>3</p> <p>4:00 PM - AR</p> <p>Sunday Matinee: The Woman King</p>	<p>4</p> <p>9:30 AM - T</p> <p>Above & Beyond</p> <p>10:30 AM - AR</p> <p>Big Questions w/ Jon P</p> <p>1:00 PM - CR</p> <p>Caregiver Support w/ Chaplain Michael</p> <p>3:30/7 PM - AR</p> <p>Series: (NEW!) The Queen's Gambit (S1 Ep 1)</p> <p>4:00 PM - T</p> <p>Resident Happy Hour</p>	<p>5</p> <p>9:00 AM - Z</p> <p>Seasonal Wellbeing w/ Amanda</p> <p>10:30 AM - CR</p> <p>Conversation & Community</p> <p>11:30 AM - L</p> <p>Nordic Walking w/ Aesch</p> <p>1:00 PM - AR</p> <p>Chair Yoga w/ Mary</p> <p>3:30/7 PM - AR</p> <p>Documentary: 13th</p> <p>4:00 PM - K</p> <p>Men's Social Hour</p>	<p>6</p> <p>9:45 AM - Z</p> <p>G-Werx Vitality Session</p> <p>10:30 AM - L</p> <p>Grocery Run</p> <p>11:30 AM - T</p> <p>Tech Time</p> <p>1:30 PM - AR</p> <p>What's Your Story?</p> <p>4:00 PM - K</p> <p>Women's Happy Hour</p>	<p>7</p> <p>1:00 PM - T</p> <p>Stretch & Strength w/ Aesch</p> <p>2:00 PM - T</p> <p>Resident Scrabble/500</p> <p>2:30 PM - AR</p> <p>Marvelous Musicians w/ Andrea Leap</p> <p>3:30/7 PM - AR</p> <p>Classic Film: Foxy Brown (1974)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>8</p> <p>9:00 AM - Z</p> <p>Refresh/Reset w/ Amanda</p> <p>2:00 PM - T</p> <p>Bridge Club</p> <p>3:30/7:00 PM - AR</p> <p>Foreign Film: I Am Greta (Sweden)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>9</p> <p>1:00 PM - L</p> <p>Nordic Walking w/ Kay</p> <p>3:30/7:00 PM - AR</p> <p>Box Office: Totally Killer (2023)</p>
<p>10</p> <p>4:00 PM - AR</p> <p>Sunday Matinee: Black Widow</p> <p>6:00 PM - CR</p> <p>2024 Oscars Viewing Party</p>	<p>11</p> <p>9:30 AM - T</p> <p>Above & Beyond</p> <p>10:30 AM - AR</p> <p>Big Questions w/ Jon P</p> <p>1:00 PM - CR</p> <p>Caregiver Support Group</p> <p>3:30/7 PM - AR</p> <p>Series: The Queen's Gambit (S1 Ep 2)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>12</p> <p>9:00 AM - Z</p> <p>Seasonal Wellbeing</p> <p>10:30 AM - CR</p> <p>Conversation & Community</p> <p>11:30 AM - L</p> <p>Nordic Walking w/ Aesch</p> <p>1:00 PM - AR</p> <p>Chair Yoga w/ Mary</p> <p>2:00 PM - T</p> <p>Singalong w/ Andrea Leap</p> <p>3:30/7 PM - AR</p> <p>Documentary: Feminists: What Were They Thinking?</p> <p>4:00 PM - K</p> <p>Men's Social Hour</p>	<p>13</p> <p>10:30 AM - L</p> <p>Grocery Run</p> <p>11:30 AM - T</p> <p>Tech Time</p> <p>1:00 PM - AR</p> <p>Yoga w/ Mary</p> <p>4:00 PM - K</p> <p>Women's Happy Hour</p>	<p>14</p> <p>11:00 AM - T</p> <p>Cello Duet Concert</p> <p>12:00 PM - T</p> <p>Pie Day Social</p> <p>1:00 PM - T</p> <p>Stretch & Strength w/ Aesch</p> <p>2:00 PM - T</p> <p>Resident Scrabble/500</p> <p>3:30/7 PM - AR</p> <p>Classic Film: Erin Brockovich (2000)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>15</p> <p>9:00 AM - Z</p> <p>Refresh/Reset w/ Amanda</p> <p>11:00 AM - AR</p> <p>History w/ Ethan: "Peace Activism in WWI pt. 2"</p> <p>12:00 PM - AR</p> <p>St. Patrick's Day Social</p> <p>2:00 PM - T</p> <p>Bridge Club</p> <p>3:30/7:00 PM - AR</p> <p>Foreign Film: The Farewell (China)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>16</p> <p>1:00 PM - L</p> <p>Nordic Walking w/ Kay</p> <p>3:30/7:00 PM - AR</p> <p>Box Office: Cocaine Bear (2023)</p>
<p>17</p> <p>Happy St. Patrick's Day!</p> <p>4:00 PM - AR</p> <p>Oscar Winner Showing</p>	<p>18</p> <p>9:30 AM - T</p> <p>Above & Beyond</p> <p>10:30 AM - AR</p> <p>Big Questions w/ Jon P</p> <p>1:00 PM - CR</p> <p>Caregiver Support Group w/ Chaplain Michael</p> <p>3:30/7 PM - AR</p> <p>Series: The Queen's Gambit (S1 Ep 3-4)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>19</p> <p>9:00 AM - Z</p> <p>Seasonal Wellbeing</p> <p>10:30 AM - CR</p> <p>Conversation & Community</p> <p>11:30 AM - L</p> <p>Nordic Walking w/ Aesch</p> <p>1:00 PM - AR</p> <p>Chair Yoga w/ Mary</p> <p>3:00 PM - CR</p> <p>Family Council Meeting</p> <p>3:30/7 PM - AR</p> <p>Period. End of Sentence.</p> <p>4:00 PM - K</p> <p>Men's Social Hour</p>	<p>20</p> <p>9:45 AM - Z</p> <p>G-Werx Vitality Session</p> <p>10:30 AM - L</p> <p>Grocery Run</p> <p>11:30 AM - T</p> <p>Tech Time</p> <p>1:30 PM - AR</p> <p>What's Your Story?</p> <p>4:00 PM - K</p> <p>Women's Happy Hour</p>	<p>21</p> <p>2:00 PM - T</p> <p>Resident Scrabble/500</p> <p>2:30 PM - AR</p> <p>Marvelous Musicians w/ Andrea Leap</p> <p>3:30/7 PM - AR</p> <p>Classic Film: Alice Doesn't Live Here Anymore (1974)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>22</p> <p>9:00 AM - Z</p> <p>Refresh/Reset w/ Amanda</p> <p>1:00 PM - AR</p> <p>"Traveling with a Sketchpad" w/ Lucy Rose Fischer</p> <p>2:00 PM - T</p> <p>Bridge Club</p> <p>3:30/7:00 PM - AR</p> <p>Foreign Film: Queen of Katwe (Uganda)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>23</p> <p>1:00 PM - L</p> <p>Nordic Walking w/ Kay</p> <p>3:30/7:00 PM - AR</p> <p>Box Office: M3GAN (2023)</p>
<p>24</p> <p>4:00 PM - AR</p> <p>Sunday Matinee: The United States vs. Billie Holiday</p>	<p>25</p> <p>9:30 AM - T</p> <p>Above & Beyond</p> <p>10:30 AM - AR</p> <p>Big Questions w/ Jon P</p> <p>1:00 PM - CR</p> <p>Caregiver Support Group</p> <p>3:30/7 PM - AR</p> <p>Series: The Queen's Gambit (S1 Ep 5-6)</p> <p>3:30 PM - T</p> <p>Wine, Cheese, Shoulders, Hips, & Knees Orthopedic Happy Hour</p>	<p>26</p> <p>9:00 AM - Z</p> <p>Seasonal Wellbeing</p> <p>10:30 AM - CR</p> <p>Conversation & Community</p> <p>11:30 AM - L</p> <p>Nordic Walking w/ Aesch</p> <p>1:00 PM - AR</p> <p>Chair Yoga w/ Mary</p> <p>2:00 PM - AR</p> <p>History of the Theater</p> <p>3:00 PM - CR</p> <p>Resident Council Meeting</p> <p>3:30/7 PM - AR</p> <p>Knock Down the House</p> <p>4:00 PM - K</p> <p>Men's Social Hour</p>	<p>27</p> <p>10:30 AM - L</p> <p>Grocery Run</p> <p>11:30 AM - T</p> <p>Tech Time</p> <p>1:00 PM - AR</p> <p>Yoga w/ Mary</p> <p>4:00 PM - CR</p> <p>Book Club: Cutting for Stone by Abraham Verghese</p> <p>4:00 PM - K</p> <p>Women's Happy Hour</p>	<p>28</p> <p>2:00 PM - T</p> <p>Resident Scrabble/500</p> <p>3:30/7 PM - AR</p> <p>Classic Film: Gentlemen Prefer Blondes (1953)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>29</p> <p>9:00 AM - Z</p> <p>Refresh/Reset w/ Amanda</p> <p>2:00 PM - T</p> <p>Bridge Club</p> <p>3:30/7:00 PM - AR</p> <p>Foreign Film: Petite Maman (Italy)</p> <p>4:00 PM - K</p> <p>Resident Happy Hour</p>	<p>30</p> <p>1:00 PM - L</p> <p>Nordic Walking w/ Kay</p> <p>3:30/7:00 PM - AR</p> <p>Box Office: The Color Purple (2023)</p>
<p>31</p> <p>4:00 PM - AR</p> <p>Sunday Matinee: Hidden Figures</p>						