

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>AR - Activity Room</p> <p>CR – Club Room</p> <p>L – Lobby</p> <p>SP - Smith & Porter</p> <p>T – Terraces Common Area</p> <p>Z – Zoom link</p>			<p>Programming Team:</p> <p>Maren Hadrits</p> <p>Aesch Lengstorf</p> <p>Brandyn Liebe</p> <p>events@abiitan.org</p> <p>*all activities are subject to change</p>		<p>1</p> <p>9:00 AM - Z Refresh/Reset w/ Amanda</p> <p>11:00 AM - AR History with Ethan: Christian Socialism</p> <p>2:00 PM - T Bridge Club</p> <p>3:30/7:00 PM - AR Foreign Film: The Wife (United Kingdom)</p> <p>4:00 PM - SP Resident Happy Hour</p> <p>4:30 PM - T Tech Time</p>	<p>2</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7:00 PM - AR Box Office: Amsterdam (2022)</p>
<p>3</p> <p>3:30/7:00 PM - AR Sunday at the Met: Lohengrin</p>	<p>4</p> <p>Labor Day</p> <p>3:30/7 PM - AR Series: The Lincoln Lawyer (S1 Ep. 5-6)</p> <p>4:00 PM - SP Resident Happy Hour</p>	<p>5</p> <p>9:00 AM - Z Seasonal Wellbeing w/ Amanda</p> <p>10:30 AM - CR Conversation & Community</p> <p>12:00 PM - Z Chair Yoga with Emily Rose</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7 PM - AR Documentary: Still: A Michael J Fox Movie</p> <p>4:00 PM - SP Men's Social Hour</p>	<p>6</p> <p>10:00 AM - Z G-Werx Vitality Session</p> <p>10:30 AM - L Grocery Run</p> <p>1:30 PM - AR What's Your Story? "I am from..."</p> <p>4:00 PM - SP Women's Happy Hour</p> <p>6:30 PM - CR Resident Scrabble/500 Night</p>	<p>7</p> <p>9:00 AM - AR Yoga – FULL</p> <p>1:00 PM - L Nordic Walking</p> <p>2:30 PM - AR Marvelous Musicians w/ Andrea Leap</p> <p>3:30/7 PM - AR Classic Film: The Unsinkable Molly Brown (1964)</p> <p>4:00 PM - SP Resident Happy Hour</p>	<p>8</p> <p>9:00 AM - Z Refresh/Reset w/ Amanda</p> <p>11:00 AM - T The French Connection</p> <p>2:00 PM - T Bridge Club</p> <p>3:30/7:00 PM - AR Foreign Film: Icarus (Russia)</p> <p>4:00 PM - SP Resident Happy Hour</p> <p>4:30 PM - T Tech Time</p>	<p>9</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7:00 PM - AR Box Office: A Tourist's Guide to Love (2023)</p>
<p>10</p> <p>3:30/7:00 PM - AR Sunday on Broadway: Bright Colors and Bold Patterns</p>	<p>11</p> <p>9:30 AM - T Above & Beyond Exercise</p> <p>10:30 AM - AR Big Questions with Jon P</p> <p>1:00 PM - CR Caregiver Support Group w/ Chaplain Michael</p> <p>3:30/7 PM - AR Series: The Lincoln Lawyer (S1 Ep. 7-8)</p> <p>4:00 PM - SP Resident Happy Hour</p>	<p>12</p> <p>9:00 AM - Z Seasonal Wellbeing w/ Amanda</p> <p>10:30 AM - AR Conversation and Community</p> <p>11:30 AM - AR Westminster Forum: "How Teaching Kids to Read Went So Wrong"</p> <p>1:00 PM - Z Chair Yoga with Emily Rose</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7 PM - AR Documentary: Live to 100: Secrets of the Blue Zones</p> <p>4:00 PM - SP Men's Social Hour</p>	<p>13</p> <p>10:00 AM - Z G-Werx Vitality Session</p> <p>10:30 AM - L Grocery Run</p> <p>4:00 PM - SP Women's Happy Hour</p> <p>6:30 PM - CR Resident Scrabble/500 Night</p>	<p>14</p> <p>8:30 AM - T Abiitan Flu Clinic</p> <p>9:00 AM - AR Yoga – FULL</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7 PM - AR Classic Film: Three Little Words (1950)</p> <p>4:00 PM - SP Resident Happy Hour</p>	<p>15</p> <p>9:00 AM - Z Refresh/Reset w/ Amanda</p> <p>11:00 AM - AR History with Ethan: Christian Socialism – Left or Right?</p> <p>2:00 PM - T Bridge Club</p> <p>3:30/7:00 PM - AR Foreign Film: Can You See Us? (Zambia)</p> <p>4:00 PM - SP Resident Happy Hour</p> <p>4:30 PM - T Tech Time</p>	<p>16</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7:00 PM - AR Box Office: The Beanie Bubble (2023)</p>
<p>17</p> <p>3:30/7:00 PM - AR Sunday at the Met: Falstaff</p>	<p>18</p> <p>9:30 AM - T Above & Beyond Exercise</p> <p>10:30 AM - AR Big Questions with Jon P</p> <p>1:00 PM - CR Caregiver Support Group</p> <p>3:30/7 PM - AR Series: The Lincoln Lawyer (S1 Ep. 9-10)</p> <p>4:00 PM - SP Resident Happy Hour</p>	<p>19</p> <p>9:00 AM - Z Seasonal Wellbeing w/ Amanda</p> <p>10:30 AM - CR Conversation & Community</p> <p>1:00 PM - Z Chair Yoga with Emily Rose</p> <p>1:00 PM - L Nordic Walking</p> <p>2:00 PM - AR History of the Theater with Guthrie's Carla Steen</p> <p>3:00 PM - CR Family Council Meeting</p> <p>3:30/7 PM - AR Documentary: Virunga</p> <p>4:00 PM - SP Men's Social Hour</p>	<p>20</p> <p>10:00 AM - Z G-Werx Vitality Session</p> <p>10:30 AM - L Grocery Run</p> <p>1:30 PM - AR What's Your Story? "Fortune Cookie Prompt"</p> <p>4:00 PM - SP Women's Happy Hour</p> <p>6:30 PM - CR Scrabble/500 Night</p>	<p>21</p> <p>9:00 AM - AR Yoga – FULL</p> <p>1:00 PM - L Nordic Walking</p> <p>2:30 PM - AR Marvelous Musicians w/ Andrea Leap</p> <p>3:30/7 PM - AR Classic Film: Annie Hall (1977)</p> <p>4:00 PM - SP Resident Happy Hour</p>	<p>22</p> <p>9:00 AM - Z Refresh/Reset w/ Amanda</p> <p>2:00 PM - T Bridge Club</p> <p>3:30/7:00 PM - AR Foreign Film: Kardec (Brazil)</p> <p>4:00 PM - SP Resident Happy Hour</p> <p>4:30 PM - T Tech Time</p>	<p>23</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7:00 PM - AR Box Office: Chevalier (2023)</p>
<p>24</p> <p>3:30/7:00 PM - AR Sunday on Broadway: Peter Pan Goes Wrong</p>	<p>25</p> <p>9:30 AM - T Above & Beyond Exercise</p> <p>10:30 AM - AR Big Questions with Jon P</p> <p>1:00 PM - CR Caregiver Support w/ Chaplain Michael</p> <p>3:00 PM - T "Heart of Dance" Dance Workshop</p> <p>3:30/7 PM - AR (NEW!) Series: Only Murders in the Building (S3 ep. 1-2)</p> <p>4:00 PM - SP Resident Happy Hour</p>	<p>26</p> <p>9:00 AM - Z Seasonal Wellbeing w/ Amanda</p> <p>10:30 AM - CR Conversation & Community</p> <p>1:00 PM - Z Chair Yoga with Emily Rose</p> <p>3:00 PM - CR Resident Council Meeting</p> <p>3:30/7 PM - AR Documentary: Ailey</p> <p>4:00 PM - T Singalong with Andrea Leap</p> <p>4:00 PM - SP Men's Social Hour</p>	<p>27</p> <p>10:00 AM - Z G-Werx Vitality Session</p> <p>10:30 AM - L Grocery Run</p> <p>11:00 AM - AR Nutrition Lecture w/ Sharon Lehrman: Preventing & Treating Cardiovascular Disease</p> <p>4:00 PM - CR Book Club: Banned book of your choice.</p> <p>4:00 PM - SP Women's Happy Hour</p> <p>6:30 PM - CR Scrabble/500 Night</p>	<p>28</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7 PM - AR Classic Film: Paper Moon (1973)</p> <p>3:00 PM - T Heart of Dance</p> <p>5:00 PM - SP Abiitan Oktoberfest Celebration</p>	<p>29</p> <p>9:00 AM - Z Refresh/Reset w/ Amanda</p> <p>2:00 PM - T Bridge Club</p> <p>3:30/7:00 PM - AR Foreign Film: The Resistance Banker (Dutch)</p> <p>4:00 PM - SP Resident Happy Hour</p> <p>4:30 PM - T Tech Time</p>	<p>30</p> <p>1:00 PM - L Nordic Walking</p> <p>3:30/7:00 PM - AR Box Office: See How They Run (2022)</p>