

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 11:00 AM Above & Beyond Exercise 11:45 AM Hydration Station 12:00 PM Daily Debrief 2:00 PM Clay Hearts Game Night 4:45 PM Dinner Prep 6:00 PM Documentary: To Be of Service	Groundhog Day 2 10:00 AM Looking Good w/ Breanna 11:00 AM Baking w/Breanna 12:00 AM Daily Debrief 3:00 PM Enjoy our Baked Goods! 3:00 PM Book Reading in Library Groundhog Day Prognostication 4:45 PM Dinner Prep 6:00 PM Movie: Groundhog Day	3 10:30 AM Sherlock Holmes Mystery 11:45 AM Hydration Station 12:00 PM Daily Debrief 2:00 PM Trivia Manicures 4:45 PM Dinner Prep 6:00 PM Concert: James Taylor	4 11:00 AM Fitness Fun 2:00 PM Activity with Evelyn Chronicle/I n the News 4:45 PM Dinner Prep 6:00 PM Movie: Mary Poppins	
5 11:00 AM Chronicle 2:00 PM Activity w/ Evelyn Book Club 4:45 PM Dinner Prep 6:00 PM Documentary: Bear Witness	6 10:30 AM Above & Beyond: Exercise 11:30 AM Hydration Station 11:45 AM Daily Debrief 2:00 PM Music w/ Brandyn The Taste: V-Day Candy 4:45 PM Dinner Prep 6:00 PM Series: Baking Impossible	7 10:00 AM Looking Good w/ Breanna 11:35 AM Hydration Station 12:00 PM Daily Debrief 2:00 PM Folk Music with Matt G Word Games/ Hydrate 4:45 PM Dinner Prep 6:00 PM Concert: 2Cellos	8 10:30 AM Spring Roll Demonstration w/Adah 11:45 AM Hydration Station 12:00 PM Daily Debrief 2:00 PM Black History Month Trivia Night 4:45 PM Dinner Prep 6:00 PM Movie: Dog Gone	9 10:00 AM Looking Good w/ Breanna 11:00 AM Baking w/ Breanna 12:00PM Daily Debrief 2:30 PM Music with Joey Clark Word Games/ Hydrate 4:45 PM Dinner Prep 6:00 PM Documentary: Idina Menzel: Which Way to the Stage	10 10:30 AM Sherlock Holmes Mystery 11:30 AM Daily Debrief 2:00 PM Valentine's Day Party Manicures 4:45 PM Dinner Prep 6:00 PM Series: Cheers	11 11:00 AM Fitness Fun 2:00 PM Activity with Evelyn Chronicle/I n the News 4:45 PM Dinner Prep 6:00 PM Concert: Earth Wind & Fire	
12 11:00 AM Chronicle 2:00 PM Activity w/ Evelyn Book Club 4:45 PM Dinner Prep 5:30 PM Super Bowl Sunday	13 10:30 AM Above & Beyond: Exercise 11:30 AM Daily Debrief 2:00 PM Porter Cafe Outing Music w/ Brandyn 4:45 PM Dinner Prep 6:00 PM Documentary: The River Runner	Valentine's Day 14 10:00 AM Looking Good w/ Breanna 11:35 AM Hydration Station 11:45 AM "Be My Valentine, Charlie Brown" 2:00 PM High Tea V-Day Craft 4:45 PM Dinner Prep 6:00 PM Baking Impossible	15 11:00 AM Above & Beyond Exercise 11:45 AM Hydration Station 12:00 PM Daily Debrief 2:00 PM Folk Music with Matt G Game Night 6:00 PM Concert: Show Boat	16 10:00 AM Looking Good w/ Breanna 11:00 AM Baking w/ Breanna 12:00 PM Daily Debrief 2:00 PM Sir Nigel the Dog Visit 3:00 PM Enjoy our Baked Goods! Word Games 4:45 PM Dinner Prep 6:00 PM Movie: Forrest Gump	17 10:30 AM Music with Joey Clark 11:30 AM Daily Debrief 2:00 PM Valentine's Day Trivia Manicures 4:45 PM Dinner Prep 6:00 PM Documentary: Disney's Animal Kingdom	18 11:00 AM Fitness Fun 2:00 PM Activity with Evelyn Chronicle/I n the News 4:45 PM Dinner Prep 6:00 PM Series: Cheers	
19 11:00 AM Chronicle 2:00 PM Activity w/ Evelyn Book Club 4:45 PM Dinner Prep 6:00 PM Concert: Sleeping Beauty Ballet	Presidents' Day 20 10:30 AM Above & Beyond: Exercise 11:30 AM Daily Debrief 2:00 PM Music w/ Brandyn Coffee Social 4:45 PM Dinner Prep 6:00 PM Movie: National Treasure	Mardi Gras 21 10:00 AM Looking Good w/ Breanna 11:30 AM Beignet Baking with Rosine 2:00 PM Mardi Gras Music/Trivia Nostalgia Tuesdays 4:45 PM Dinner Prep 6:00 PM Documentary: Becoming	22 11:00 AM Above & Beyond Exercise 11:45 AM Hydration Station 12:00 PM Daily Debrief 2:00 PM Carnevale Masks Game Night 4:45 PM Dinner Prep 6:00 PM Series: Baking Impossible	23 10:00 AM Looking Good with Breanna 11:00 AM Baking w/ Breanna 12:00 PM Daily Debrief 2:00 PM Music with Paula Lammers 3:00 PM Enjoy our Baked Goods! Word Games 4:45 PM Dinner Prep 6:00 PM Hollywood in Vienna: Disney	24 10:30 AM Sherlock Holmes Mystery 11:30 AM Daily Debrief 2:00 PM Mardi Gras Trivia Manicures 4:45 PM Dinner Prep 6:00 PM Movie: West Side Story	25 11:00 AM Fitness Fun 2:00 PM Activity with Evelyn Chronicle/I n the News 4:45 PM Dinner Prep 6:00 PM Documenta ry: Zion	
26 11:00 AM Chronicle 2:00 PM Activity w/ Evelyn Book Club 4:45 PM Dinner Prep 6:00 PM Series: Cheers	27 10:30 AM Above & Beyond: Exercise 11:30 AM Daily Debrief 2:00 PM Music w/ Brandyn The Taste: Wafer Cookies 4:45 PM Dinner Prep 6:00 PM Concert: ABBA Greatest Hits	28 10:00 AM Looking Good w/ Breanna 11:45 AM Daily Debrief 2:00 PM Folk Music with Matt G Nostalgia Tuesdays 4:45 PM Dinner Prep 6:00 PM Movie: Arsenic & Old Lace	Programming Team:  Evelyn Bakken Maren Hadrits Brandyn Liebe Breanna Reyes  For programming specific questions please email <a href="mailto:events@abiitan.org">events@abiitan.org</a>  *all activities are subject to change*				