

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 AM Fitness Fun 11:30 AM Daily Debrief 2:00 PM Meet Me at the MOMA What's Your Story? 6:00 PM Movie: Guys & Dolls	2 11:00 AM Above & Beyond Exercise 11:45 AM Daily Debrief 2:00 PM Baking with Maren & Breanna Game Night 6:00 PM Documentary: Babies	3 10:30 AM Baking w/ Breanna 11:30 AM Daily Debrief 2:00 PM Activity with Jess Word Games 6:00 PM Series: Golden Girls	4 10:30 AM Sherlock Holmes Mystery w/Brandyn 11:30 AM Daily Debrief 2:00 PM Trivia Manicures 6:00 PM Concert: John Lennon (1972)	5 11 AM Strengthening Chair Yoga 2:00 PM Activity with Evelyn Chronicle/In the News 6:00 PM Movie: The Pajama Game
6 11:00 AM Chronicle/In the News 2:00 PM Activity with Evelyn Book Club 6:00 PM Documentary: Wildest Places: Antarctica	7 10:30 AM Above & Beyond: Exercise 11:30 AM Daily Debrief 2:00 PM Animals @ Abiitan The Taste 6:00 PM Series: Seinfeld	8 10:30 AM Fitness Fun 11:30 AM Daily Debrief 2:00 PM Folk Music with Matt Gogola Nostalgia Tuesdays 6:00 PM Concert: Steve Miller	9 11:00 AM Above & Beyond Exercise 11:45 AM Daily Debrief 2:00 PM Activity w/Breanna & Maren Game Night 6:00 PM Movie: Funny Girl	10 10:30 AM Baking w/ Breanna 11:30 AM Daily Debrief 2:00 PM Activity with Jess Word Games 6:00 PM Documentary: Meerkat Manor	11 10:30 AM Music with Joey Clark 11:30 AM Daily Debrief 2:00 PM Trivia Manicures 6:00 PM Series: Golden Girls	12 11 AM Strengthening Chair Yoga 2:00 PM Activity with Evelyn Chronicle/In the News 6:00 PM Concert: Peter, Paul, & Mary
13 11:00 AM Chronicle/In the News 2:00 PM Activity with Evelyn Book Club 6:00 PM Movie: The Parent Trap	14 10:30 AM Above & Beyond: Exercise 11:30 AM Daily Debrief 2:00 PM Music with Brandyn Coffee Social 6:00 PM Documentary: Wild Hawaii	15 10:30 AM Fitness Fun 11:30 AM Daily Debrief 2:00 PM Meet me at the MOMA What's Your Story? 6:00 PM Series: Seinfeld	16 11:00 AM Above & Beyond Exercise 11:45 AM Daily Debrief 2:00 PM Snack Around the World Game Night 6:00 PM Concert: Frank Sinatra	17 10:30 AM Baking w/ Breanna 11:30 AM Daily Debrief 2:30 PM Music with Joey Clark Word Games 6:00 PM Movie: Pinnocchio (2022)	18 10:30 AM Sherlock Holmes Mystery w/Brandyn 11:30 AM Daily Debrief 2:00 PM Canvas Painting with Joette Manicures 6:00 PM Documentary: Rick Steves' Europe	19 11 AM Strengthening Chair Yoga 2:00 PM Activity with Evelyn Chronicle/In the News 6:00 PM Series: Golden Girls
20 11:00 AM Chronicle/In the News 2:00 PM Activity with Evelyn Book Club 6:00 PM Concert: San Francisco Symphony	21 10:30 AM Above & Beyond: Exercise 11:30 AM Daily Debrief 2:00 PM Music with Brandyn The Taste 6:00 PM Movie: Lady & the Tramp (2019)	22 10:30 AM Fitness Fun 11:30 AM Daily Debrief 2:00 PM Folk Music with Matt Gogola Nostalgia Tuesdays 6:00 PM Documentary: Meerkat Manor	23 11:00 AM Above & Beyond Exercise 11:45 AM Daily Debrief 2:00 PM Baking with Jess: Pie Thanksgiving Social 6:00 PM Series: Seinfeld	Happy Thanksgiving! 24 10:30 AM Baking w/ Breanna 11:30 AM Daily Debrief 2:00 PM Thanksgiving Trivia Charlie Brown Thanksgiving 6:00 PM Concert: Chuck Berry	25 10:30 AM Thanksgiving Penny Pitching 11:30 AM Daily Debrief 2:00 PM Trivia Manicures 6:00 PM Movie: Willy Wonka & the Chocolate Factory	26 11 AM Strengthening Chair Yoga 2:00 PM Activity with Evelyn Chronicle/In the News 6:00 PM Documentary: Dogs With Jobs
27 11:00 AM Chronicle/In the News 2:00 PM Activity with Evelyn Book Club 6:00 PM Series: Golden Girls	28 10:30 AM Above & Beyond: Exercise 11:30 AM Daily Debrief 2:00 PM Music with Brandyn The Taste 6:00 PM Movie: To Be or Not To Be	29 10:30 AM Fitness Fun 11:30 AM Daily Debrief 2:00 PM Music with Paula Lammers Nostalgia Tuesdays 6:00 PM Documentary: Meerkat Manor	30 11:00 AM Above & Beyond Exercise 11:45 AM Daily Debrief 2:00 PM Snack Around the World Game Night 6:00 PM Series: Seinfeld	Programming Team: Evelyn Bakken Maren Hadrits Brandyn Liebe Breanna Reyes For programming specific questions please email events@abiitan.org *all activities are subject to change*		